

fizjoterapia polska

POLISH JOURNAL OF PHYSIOTHERAPY

OFICJALNE PISMO POLSKIEGO TOWARZYSTWA FIZJOTERAPII

THE OFFICIAL JOURNAL OF THE POLISH SOCIETY OF PHYSIOTHERAPY

NR 2/2022 (22) DWUMIESIĘCZNIK ISSN 1642-0136

**Assessment of general movements
and its relation to gestational age
in preterm infants**

**Ocena ruchów globalnych, a wiek
ciążowy u noworodków
urodzonych przedwcześnie**

Postural stability of children born prematurely in the perinatal risk group
Stabilność posturalna dzieci urodzonych przedwcześnie z grupy ryzyka okołoporodowego

ZAMÓW PRENUMERATE!

SUBSCRIBE!

www.fizjoterapiapolska.pl

www.djstudio.shop.pl

prenumerata@fizjoterapiapolska.pl



mindray

healthcare within reach

ULTRASONOGRAFIA W FIZJOTERAPII



Autoryzowani dystrybutorzy

Mar-Med

+48 22 853 14 11

info@mar-med.pl

Ado-Med

+48 32 770 68 29

adomed@adomed.pl



MAR-MED

OD 1995 ROKU



ADO-MED

APARATURA MEDYCZNA



zabezpiecz się przed potencjalnymi **roszczeniami** pacjentów

program ubezpieczeń dla fizjoterapeutów
pod patronatem PTF

dla kogo?

Zarówno dla fizjoterapeutów prowadzących własną działalność w formie praktyki zawodowej, podmiotu leczniczego jak również tych, którzy wykonują zawód wyłącznie na podstawie umowy o pracę lub umowy zlecenie.

co obejmuje program ubezpieczeń?

- igłoterapie
- zabiegi manualne (mobilizacje i manipulacje)
- leczenie osteopatyczne
- naruszenie praw pacjenta i szkody w mieniu pacjentów

oraz szereg innych rozszerzeń ukierunkowanych na zawód fizjoterapeuty



kontakt w sprawie ubezpieczeń:

Piotr Gnat

+48 663 480 698

piotr.gnat@mentor.pl

[linkedin.com/in/piotrgnat](https://www.linkedin.com/in/piotrgnat)

ubezpiecz się **on-line** na **PTFubezpieczenia.pl**



Zawód
Fizjoterapeuty
dobrze
chroniony

Poczuj się bezpiecznie



INTER Fizjoterapeuci

Dedykowany Pakiet Ubezpieczeń

Zaufaj rozwiązaniom sprawdzonym w branży medycznej.

Wykup dedykowany pakiet ubezpieczeń INTER Fizjoterapeuci, który zapewni Ci:

- ochronę finansową na wypadek roszczeń pacjentów
— **NOWE UBEZPIECZENIE OBOWIĄZKOWE OC**
- ubezpieczenie wynajmowanego sprzętu fizjoterapeutycznego
- profesjonalną pomoc radców prawnych i zwrot kosztów obsługi prawnej
- odszkodowanie w przypadku fizycznej agresji pacjenta
- ochronę finansową związaną z naruszeniem praw pacjenta
- odszkodowanie w przypadku nieszczęśliwego wypadku

Nasza oferta była konsultowana ze stowarzyszeniami zrzeszającymi fizjoterapeutów tak, aby najskuteczniej chronić i wspierać Ciebie oraz Twoich pacjentów.

► Skontaktuj się ze swoim agentem i skorzystaj z wyjątkowej oferty!

Towarzystwo Ubezpieczeń INTER Polska S.A.

Al. Jerozolimskie 142 B

02-305 Warszawa

www.interpolska.pl

inter
UBEZPIECZENIA

NOWOŚĆ W OFERCIE

ASTAR.

PhysioGo.Lite SONO

**NIEWIELKIE URZĄDZENIE
EFEKTYWNA TERAPIA ULTRADŹWIĘKOWA**

Zaawansowana technologia firmy Astar to gwarancja niezawodności i precyzyjności parametrów. Urządzenie, dzięki gotowym programom terapeutycznym, pomaga osiągać fizjoterapeucie możliwie najlepsze efekty działania fal ultradźwiękowych.

Głowica SnG to bezobrotowe akcesorium o dużej powierzchni czopa (17,3 cm² lub 34,5 cm² w zależności od wybranego trybu działania). Znajduje zastosowanie w klasycznej terapii ultradźwiękami, fonoforezie, terapii LIPUS i zabiegach skojarzonych (w połączeniu z elektroterapią).



wsparcie merytoryczne
www.fizjotechnologia.com



ul. Świt 33
43-382 Bielsko-Biała

t +48 33 829 24 40
astarmed@astar.eu

**POLSKI
PRODUKT**  **WYBIERASZ
I WSPIERASZ**

www.astar.pl

Dr. Comfort®



APROBATA
AMERYKAŃSKIEGO
MEDYCZNEGO
STOWARZYSZENIA
PODIATRYCZNEGO

Nowy wymiar wygody.

Obuwie profilaktyczno-zdrowotne
o atrakcyjnym wzornictwie



WYRÓB
MEDYCZNY

**Stabilny, wzmocniony
i wyściełany zapiętek**
Zapewnia silniejsze
wsparcie łuku
podłużnego stopy

**Miękki, wyściełany
kołnierz cholewki**
Minimalizuje podrażnienia

Wyściełany język
Zmniejsza tarcie
i ulepsza dopasowanie

Lekka konstrukcja
Zmniejsza codzienne
zmęczenie

**Antypoślizgowa,
wytrzymała podeszwa
o lekkiej konstrukcji**
Zwiększa przyczepność,
amortyzuje i odciąża stopy

**Zwiększona
szerokość i głębokość
w obrębie palców
i przodostopia**
Minimalizuje ucisk
i zapobiega urazom

**Wysoka jakość materiałów
- oddychające siatki i naturalne skóry**
Dostosowują się do stopy,
utrzymują je w suchości
i zapobiegają przegrzewaniu

Trzy
rozmiary
szerokości

Podwyższona
tęgość

Zwiększona
przestrzeń
na palce

**Ochronna przestrzeń
na palce - brak szwów
w rejonie przodostopia**
Minimalizuje możliwość zranień

WSKAZANIA

- haluksy • wkładki specjalistyczne • palce młotkowate, szponiaste • cukrzyca (stopa cukrzycowa) • reumatoidalne zapalenie stawów
- bóle pięty i podeszwy stopy (zapalenie rozciągniętej podeszwy - ostroga piętowa) • płaskostopie (stopa poprzecznie płaska)
- bóle pleców • wysokie podbicie • praca stojąca • nerwiak Mortona • obrzęk limfatyczny • opatrunki • ortozy i bandaże • obrzęki
- modzele • protezy • odciski • urazy wpływające na ścięgna, mięśnie i kości (np. ścięgno Achillesa) • wrastające paznokcie



ul. Wilczak 3
61-623 Poznań
tel. 61 828 06 86
fax. 61 828 06 87
kom. 601 640 223, 601 647 877
e-mail: kalmed@kalmed.com.pl
www.kalmed.com.pl



www.butydlazdrowia.pl

www.dr-comfort.pl

mindray

healthcare within reach

ULTRASONOGRAFIA

W FIZJOTERAPII



Autoryzowani dystrybutorzy

Mar-Med

+48 22 853 14 11

info@mar-med.pl

Ado-Med

+48 32 770 68 29

adomed@adomed.pl



MAR-MED

OD 1995 ROKU



ADO-MED®

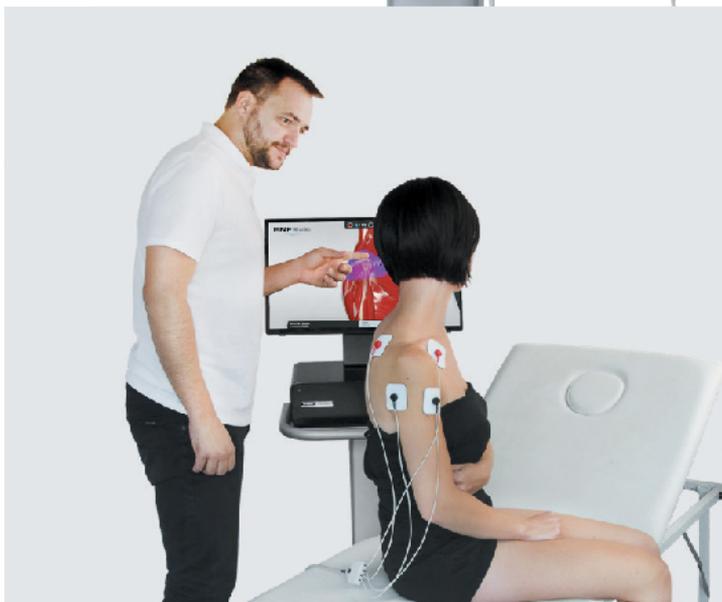
APARATURA MEDYCZNA

Terapia ENF

Kompleksowy system oceny i fizjoterapii

- autoadaptacyjna fizjoterapia
- obiektywna ocena stanu tkanek
- biofeedback w czasie rzeczywistym
- gotowe protokoły terapeutyczne
- wszechstronne zastosowanie
- anatomia 3D
- mapy 3D

www.enf-terapia.pl



WSPARCIE DLA PACJENTÓW PO ZAKOŃCZENIU HOSPITALIZACJI!

Po wypadku lub ciężkiej chorobie pacjenci często nie mogą odnaleźć się w nowej rzeczywistości. W ramach Programu Kompleksowej Opieki Poszpitalnej realizowanego przez ogólnopolską Fundację Moc Pomocy dyplomowani Specjaliści ds. Zarządzania Rehabilitacją (Menadżerowie Rehabilitacji) odpowiadają na wyzwania, z jakimi muszą mierzyć się pacjenci i ich rodziny po zakończonym pobycie w szpitalu.



Pacjent pod opieką specjalistów z Fundacji Moc Pomocy może liczyć na:

- ustalenie potrzeb oraz wskazanie źródeł ich finansowania,
- określenie świadczeń jakie mu przysługują, wskazanie instytucji do których powinien się zgłosić oraz wykaz dokumentów, które należy przedłożyć,
- doradztwo w zakresie doboru odpowiedniego sprzętu niezbędnego do samodzielnego funkcjonowania,
- pomoc w organizacji dalszej rehabilitacji,
- doradztwo w zakresie likwidacji barier architektonicznych w miejscu zamieszkania,
- ustalenie predyspozycji i możliwości powrotu do aktywności zawodowej,
- wsparcie w kontakcie z osobami, które przeszły drogę do sprawności po urazie lub chorobie i pomagają pacjentom na własnym przykładzie (Asystenci Wsparcia)

Wspieramy pacjentów po:

- urazie rdzenia kręgowego
- amputacji urazowej lub na skutek choroby
- udarze mózgu
- urazie czaszkowo-mózgowym
- urazach wielonarządowych



MOC POMOCY
FUNDACJA

**Zadzwoń i zapytaj
jak możemy realizować Program
Kompleksowej Opieki Poszpitalnej dla
pacjentów w Twojej placówce:**

Fundacja Moc Pomocy

Infolinia (+48) 538 535 000
biuro@fundacjamocpomocy.pl
www.fundacjamocpomocy.pl

**Bezpośredni kontakt z Menadżerem
Rehabilitacji: +48 793 003 695**



KALMED
Iwona Renz, Poznań

ARTROMOT®
WYŁĄCZNY PRZEDSTAWICIEL
WWW.KALMED.COM.PL



SPRZEDAŻ I WYPOŻYCZALNIA ZMOTORYZOWANYCH SZYN CPM ARTROMOT®

Nowoczesna rehabilitacja CPM stawu kolanowego, biodrowego, łokciowego, barkowego, skokowego, nadgarstka oraz stawów palców dłoni i kciuka.



ARTROMOT-H



ARTROMOT-F



ARTROSTIM
FOCUS PLUS

ARTROMOT-K1 ARTROMOT-SP3 ARTROMOT-S3 ARTROMOT-E2

Najnowsze konstrukcje ARTROMOT zapewniają ruch bierny stawów w zgodzie z koncepcją PNF (Proprioceptive Neuromuscular Facilitation).

KALMED Iwona Renz tel. 61 828 06 86
ul. Wilczak 3 faks 61 828 06 87
61-623 Poznań kom. 601 64 02 23, 601 647 877
www.kalmed.com.pl kalmed@kalmed.com.pl

Serwis i całodobowa
pomoc techniczna:
tel. 501 483 637
service@kalmed.com.pl



Polisa**Med**

program
ubezpieczeń
dla studentów
kierunków medycznych



Drodzy Studenci

szukający artykułów do pracy naukowej.

**Przypominamy o dobrowolnym ubezpieczeniu
OC studentów kierunków medycznych!**

dlaczego warto je mieć?

- ponieważ bywa wymagane w trakcie praktyk, staży czy wolontariatu
- niektóre Uczelnie wymagają je do udziału w zajęciach praktycznych
- działa na całym świecie, a dodatkowo otrzymasz certyfikat w języku angielskim w razie wyjazdu na ERASMUS-a
- wywołuje uśmiech na twarzy Pań z dziekanatów – sami sprawdziliśmy!



posiadamy również w ofercie
**ubezpieczenia dla masażyстів
i techników masażyстів.**



Polisa**Med**

**kontakt w sprawie
ubezpieczeń:**

+48 56 642 41 82

kontakt@polisa.med.pl

Ubezpiecz się **on-line** na

polisa.med.pl

Postural stability of children born prematurely in the perinatal risk group

Stabilność posturalna dzieci urodzonych przedwcześnie z grupy ryzyka okołoporodowego

Katarzyna Kniaziew-Gomoluch^{1(A,B,E)}, Andrzej Szopa^{1,4(A,C,E)}, Tomasz Łosień^{2(F)}, Zenon Kidoń^{3(B)}, Małgorzata Domagalska-Szopa^{2(E,D)}

¹Zakład Fizjoterapii Katedry Fizjoterapii, Wydział Nauk o Zdrowiu w Katowicach, ŚUM w Katowicach /

Department of Physiotherapy, School of Health Sciences in Katowice, Medical University of Silesia in Katowice, Poland

²Zakład Fizjoterapii Wieków Rozwojowego, Wydział Nauk o Zdrowiu w Katowicach, ŚUM w Katowicach /

Department of Physiotherapy in Developmental Age, School of Health Sciences in Katowice, Medical University of Silesia in Katowice, Poland

³Katedra Elektroniki, Elektrotechniki i Mikroelektroniki, Politechnika Śląska w Gliwicach /

Department of Electronics, Electrical Engineering and Microelectronics, Silesian University of Technology in Gliwice, Poland

⁴Centrum Rehabilitacyjno-Medyczne „Neuromed” w Katowicach / Neuromed Rehabilitation and Medical Center in Katowice, Poland

Abstract

Introduction. With advances in neonatal care, children born prematurely have a greater chance of survival, but their organ immaturity puts them at increased risk for central developmental disorders. The most common risk factors for such disorders are neonatal respiratory distress syndrome (RDS) and intraventricular hemorrhage (IVH grade III, IV).

Object. Based on the assumption that early central motor disorders are accompanied by impaired postural control, we compared measures of postural stability in infants born prematurely and at high risk for central motor disorders, i.e.: 1) IVH stage III or IV; or 2) RDS with infants born prematurely with normal brain ultrasound results and no perinatal burden (control group).

Materials and Methods. For this purpose, in a group of 76 prematurely born infants qualified for the SYNAGIS program, a posturometric examination was performed in a supine position using a stabilographic platform (device designed and manufactured in the Department of Biomedical Electronics of the Institute of Electronics of the Silesian University of Technology in Gliwice).

Results. Analysis of stability measures in individual subgroups showed that in both groups of infants with perinatal risk (IVH and RDS), the values of all evaluated posturometric parameters were lower than those presented by infants without perinatal stress.

Conclusions. 1. Evaluation of stability measures in the supine position is an original proposal for the evaluation of postural control of infants born prematurely in the first months of life.

2. Differences in stability measures between children born prematurely with the risk of central disturbances due to hypoxia (RDS) or intraventricular hemorrhage (IVH) and their peers without perinatal stress with normal head ultrasound results may indicate the appearance of postural control development disorders in the former.

Key words:

prematurely born children, perinatal risk factors, infant postural control disorders, posturometry, stabilographic platform

Streszczenie

Wstęp. Wraz z postępem w opiece neonatalnej dzieci urodzone przedwcześnie mają większe szanse na przeżycie, jednak niedojrzałość narządowa naraża je na zwiększone ryzyko wystąpienia ośrodkowych zaburzeń rozwojowych. Jednymi z czynników ryzyka najczęściej stanowiących przyczynę takich zaburzeń są zespół zaburzeń oddychania noworodków (RDS) oraz krwotok dokomorowy (IVH III, IV stopnia).

Cel. Wychodząc z założenia, że wczesnym ośrodkowym zaburzeniom ruchowym towarzyszą zaburzenia kontroli posturalnej porównano miary stabilności posturalnej niemowląt urodzonych przedwcześnie i obciążonych dużym ryzykiem zaburzeń ośrodkowych, tj.: 1) IVH III lub IV stopnia lub 2) RDS z niemowlętami urodzonymi przedwcześnie z prawidłowym wynikiem USG mózgu i bez obciążeń okołoporodowych (grupa kontrolna).

Materiał i metoda. W tym celu w grupie 76 niemowląt urodzonych przedwcześnie, zakwalifikowanych do programu SYNAGIS, przeprowadzono badanie posturometryczne w pozycji supinacyjnej, z wykorzystaniem platformy stabilograficznej (urządzenie zaprojektowane i wykonane w Zakładzie Elektroniki Biomedycznej Instytutu Elektroniki Politechniki Śląskiej w Gliwicach).

Wyniki. Analiza miar stabilności w poszczególnych podgrupach wykazała, że w obu grupach niemowląt z ryzykiem okołoporodowym (IVH i RDS) wartości wszystkich ocenianych parametrów posturometrycznych były mniejsze od tych prezentowanych przez niemowlęta bez obciążeń okołoporodowych.

Wnioski. 1. Ocena miar stabilności w pozycji supinacyjnej stanowi oryginalną propozycję oceny kontroli posturalnej niemowląt urodzonych przedwcześnie w pierwszych miesiącach życia.

2. Różnice w miarach stabilności pomiędzy dziećmi urodzonymi przedwcześnie, u których wystąpiło ryzyko zaburzeń ośrodkowych na tle niedotlenienia (RDS) lub krwawienia dokomorowego (IVH) a ich rówieśnikami bez obciążeń okołoporodowych z prawidłowym wynikiem USG głowy, może wskazywać na występowanie u tych pierwszych zaburzeń rozwoju kontroli posturalnej.

Słowa kluczowe:

dzieci urodzone przedwcześnie, okołoporodowe czynniki ryzyka, zaburzenia kontroli posturalnej niemowląt, posturometria, platforma stabilograficzna

Introduction

Every year, approximately 15 million babies are born prematurely worldwide [1,2]. According to the definition of the World Health Organization (WHO), a preterm infant is a newborn born after the 22nd week of gestation and before the 37th week of gestation, regardless of the newborn's birth weight [1]. Furthermore, any newborn, regardless of maturity, with a birth weight of less than 2500 g is classified as a low birth weight newborn (LBW). Given that birth weight is a strong determinant of neonatal morbidity, the LBW group was divided into the following subgroups: 1) moderately low birth weight newborns (1500-2499 g; MLBW); 2) very low birth weight newborns (1000-1499 g; VLBW; and 3) extremely low birth weight newborns (500-999 g; ELBW) [1–5]. In prematurely born babies, the prevalence rate increases significantly [6].

With advances in neonatal care, babies born prematurely have a better chance of survival, but prematurity puts them at increased risk of cerebral palsy (CP) due primarily to immaturity of the respiratory and circulatory systems. The immaturity resulting from preterm birth increases the risk of postnatal hypoxia (including respiratory disorders syndrome (RDS), bronchopulmonary dysplasia (BDP), and intraventricular hemorrhage (IVH)) and are associated with the appearance of CP [7, 8].

One of the risk factors for central nervous system (CNS) disorders is respiratory distress syndrome (RDS), which occurs most frequently in babies born prematurely immediately after birth or within a few hours after birth. Repeated episodes of hypoxia and bradycardia caused by apnea can cause brain damage [8, 9]. RDS occurs as a result of postnatal surfactant deficiency or inactivation in the context of the immature lungs of a baby born prematurely [10, 11]. Prematurity affects both of these factors, which directly contributes to RDS. The incidence of RDS is inversely proportional to the gestational age of the newborn. The lower the birth weight and postconceptional age of the newborns, the more severe the course of the RDS symptoms is observed. Although treatment methods, including antenatal corticosteroids, surfactants, and advanced neonatal respiratory care, have improved the outcome of patients affected by RDS, it is still a major cause of morbidity and mortality in preterm infants.

Intraventricular hemorrhage (IVH) is another important risk factor for developmental abnormalities in low-birth weight babies. It leads to several complications, including CP, post-hemorrhagic hydrocephalus, and periventricular infarction. Treatment in these cases is very complex due to comorbidities of multiple organs, requiring the participation of a large group of specialists. On the other hand, many factors influence prognosis here, including fetal age, birth weight and additional complications, forming a group of further risk factors for developmental disorders. Previous reports on the incidence of IVH among children born prematurely show that the incidence of bleeding in very low birth weight ba-

bies (VLBW; < 1500 g) has halved over the last half century [12]. However, despite improvements in prenatal and neonatal care, IVH still occurs in approximately 25–30% of preterm infants. These phenomena have a destructive effect on brain tissue, which, as the organ that manages neuronal motor control, ceases to function properly. As a consequence, one of the frequent consequences of preterm birth is impaired development of CNS-dependent postural and motor control mechanisms, and the most severe form of these disorders is CP [4–8].

Based on the assumption that normal motor development includes both normal development of postural and motor control, it can be assumed that early central motor disorders (often heralding the occurrence of central disorders, including CP) are accompanied by postural control disorders. Functional evaluation and clinical observation of motor development in infants born prematurely burdened with risk factors such as hypoxia or intraventricular hemorrhage suggest the appearance of signs of CNS damage, manifested by early disturbances of postural stability and motor activity.

Assuming that there is an association between the occurrence of the above risk factors, that is, RDS (confirmed by clinical observation) and IVH (grade III and IV bleeding confirmed by ultrasound) in children born prematurely, it can be hypothesized movement disorders of central origins (lat. *dysfunctio motorica originis centralis*; DMOC) will be present [13,14]. The aim of the present study was to compare measures of postural stability, such as the path length of the CoP trajectory in the plane of support, as well as CoP displacements in the X axis in the lateral direction from the midline of the body and CoP displacements in the Y axis for the anteroposterior direction relative to the midline of the body, as well as the area of CoP under the developed trajectory in infants born prematurely and at high risk of central disorders, i.e.: 1) intraventricular hemorrhage (grade III or IV confirmed by ultrasound) (IVH, III & IV bleeding to the cerebral ventricles, confirmed by ultrasound) or 2) respiratory distress syndrome (RDS) confirmed by clinical observation with infants born prematurely with normal brain ultrasound results and without perinatal burdens (control group). The research hypothesis was that measures of stability of infants born prematurely and at risk of central disorders differed from measures of stability of infants born prematurely without perinatal burdens. The second hypothesis also assumed a difference in stability measures between the respiratory distress group (RDS) and the intraventricular hemorrhage group (IVH) of infants.

Material and Method

The study was approved by the Bioethics Committee of the Silesian Medical University in Katowice by resolution no. KNW/0022/KB1/148/14, and informed consent was obtained from all participating families. This is in accordance with the Declaration of Helsinki. All parents/legal guardians of the children gave their written informed consent prior to the study, including enrollment in the study and data collection.

Material

The study comprised 76 infants born prematurely, under the care of the Neonatology Clinic, qualified for the SYNAGIS (prophylactic for respiratory syncytial virus infection) programme, children evaluated for the quality of their motor development at the Rehabilitation and Medical Centre "NEUROMED" in Katowice. Infants who met the following inclusion criteria were included in the study: 1) they were born between 25 and 32 weeks of gestation, 2) they were nourished through the gastrointestinal tract; 3) they were in a stable clinical condition and cardiovascularly and respiratorily efficient; 4) their parents/legal guardians gave informed written consent to participate in the study. The study excluded those newborns who had risk factors for abnormal developmental outcomes not directly related to psychomotor development, such as inborn metabolic disorders, developmental defects, chromosomal abnormalities. The characteristics of the subjects are presented in Table 1.

Table 1. Baseline characteristics of prematurely born babies (N = 76) enrolled in the study

Parameters	M	Me	SD	Min.	Max	Sk.	Kurt.	S-W	p
Gestational birth age [weeks]	27.0	27	1.8	25.0	32.0	0.54	0.26	0.91	0.0000
APGAR [score]	5	6	2.0	2	9	-0.14	-1.46	0.88	0.0000
Mother's age [years]	31.0	31	5.5	21	44	0.27	-0.64	0.96	0.0185
Duration of hospitality [days]	27	22	14.2	9	66	0.93	-0.09	0.79	0.0000
Neonatal Medical Index NMI [score]	3.0	3	1.2	1.0	5.0	-0.36	-0.99	0.88	0.0000
Birth weight, [grams]	946	930	251	560	1850	1.3	2.97	0.90	0.0000
Mode of delivery, caesarean section, n (%)	59 (76%)								

M – mean, Me - median, SD – standard deviation, Min – minimum value, Max – maximum value, Sk. skewness; kurtosis; s-w – Shapiro-Wilk test statistic; p – significance; kurtosis; s-w – Shapiro-Wilk test statistic; p – statistical significance of the W test

Method

The study consisted of two parts: 1) analysis of medical records; 2) posturometric tests in the horizontal supine position.

Analysis of the medical records of the study participants included the following data:

gestational age at delivery, APGAR score, maternal age, duration of hospitalization of the baby after birth, Neonatal Medical Index (NMI) score, birth weight, and mode of delivery.

The posturometric examination was carried out on each

subject at an age between 52 and 54 postconceptional weeks, that is, between 12 and 14 weeks from the planned date of on-time birth (corrected age), that is, the number of weeks missing from the calendar age of the child was subtracted from the calendar age of the child (e.g., if the child was born 3 weeks earlier, if the calendar age was 2 months, the corrected age of the child was 5 weeks).

For the posturometric study, the infant was placed on the platform in the supine position in such a way that its navel was located at the center of the platform, i.e., at the point of intersection of the two diagonals marking the geometric centre of the geometric grid of the platform. Posturometric data were recorded for 15 min while the infant was in the supine position on the platform during its usual spontaneous activity. It was required that the infant was active (ie awake) but calm during the study. If the infant was irritable or crying, the examination was postponed or rescheduled. No dummies or touching was allowed during the measurement. Special attention was paid to maintain the central position of the infant's body in relation to the geometric grid of the platform.

A stabilographic platform with dedicated software and a video recorder connected to a computer with special software (a device designed and produced in the Department of Biomedical Electronics of the Institute of Electronics of the Silesian University of Technology in Gliwice) were used to perform the posturometric test. The platform consisted of a large top plate with dimensions of 100 cm x 80 cm, four MEGATRON KM 500 series strain gauge transducers with a measuring range of 0-50 N [approximately 5 kG] and a sensitivity of 2 mV / V (nonlinearity): 0.05% of the measurement range; hysteresis: 0.08% of the measurement range (Figure 1).

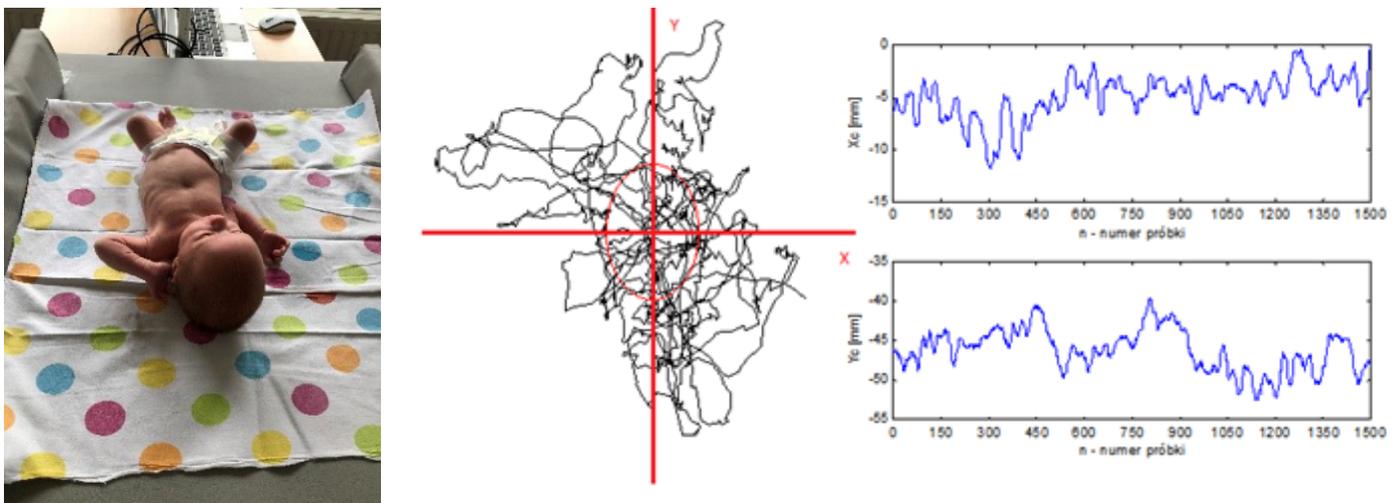


Figure 1. Stabilographic test bench for small children: 100 cm x 78 cm platform top plate, four MEGATRON KM 500 series strain gauge transducers with a measuring range of 0–50N (approximately 5 kG) and a sensitivity of 2 mV / V (nonlinearity: 0.05% of the measuring range; hysteresis: 0.08% of the measuring range).

Posturographic measurements consisted of analysis of the trajectory and trajectory field of the center of pressure (CoP)

displacements while the child was lying in a supine position on the platform. The registration of posturographic parameters resulted from the transformation of changes in pressure forces on transducers into changes in voltage values at their outputs, which were then amplified 1000 times by AD623 instrumental amplifiers. Posturometric signal processing from the platform, trajectory parameterisation, and data archiving were performed on the basis of a specially created computer program. Three recordings of 30 s each (that is, between 4.30-5.00 min; 9.30-10 min and 14.30-15.00 min) were selected for further analysis. The arithmetic mean of the three measurements was used for statistical analysis and intergroup comparisons were made using the following posturometric parameters (Table 2).

Table 2. Basic posturometric parameters

Posturometric indices based on CoP shifts during lying		
SPL	Sway path length of the CoP [mm]	
MCoPx	Mean medial-lateral linear displacement of the CoP [mm]	$R_{x_{CSr}} = \frac{\sum_{i=1}^N x_c(i) - X_{co} }{N}$
MCoPy	Mean posterior-anterior displacement of the CoP [mm]	$R_{y_{CSr}} = \frac{\sum_{i=1}^N y_c(i) - Y_{co} }{N}$
ACoP	Area of CoP shifts under the unrolled trajectory [cm ²]	

Statistical analysis

For statistical analysis, all subjects were divided into 3 subgroups:

1. RDS study group, comprising children with respiratory distress syndrome (RDS).
2. IVH study group - including children with intraventricular hemorrhage (IVH) confirmed by ultrasound,
3. control group (control) - including children with normal head USG results without confirmed IVH or RDS.

The mean values of the posturometric parameters evaluated from these three measurements were used for statistical analysis. The resulting data were entered into a database created in an MS Excel 2016 spreadsheet. To verify the research hypotheses, statistical analyzes were performed using the IBM SPSS Statistics package version 13.3. The distribution of variables was checked by calculating skewness and kurtosis and using the Shapiro-Wilk test. The descriptive statistics of the parameters evaluated were presented by means and standard deviation for values with normal distribution and by median and range for those whose distribution differed significantly from the normal distribution. A nonparametric test was then applied, and a one-way Kruskal-Wallis rank analysis of variance was performed to examine the discrepancies in the subgroups studied. Differences between results (values with normal distribution) of posturometric parameters obtained in the RDS and IVH study subgroups with the control group were evaluated using one-way analysis of variance (ANOVA) followed by a multiple comparison test with Bonferroni correction ($p < 0.01$). All results were considered significant at the $p < 0.05$ level.

Results

The demographic data and anthropometric characteristics of the study participants in the study groups, i.e. 1) infants with respiratory distress syndrome - RDS group (n = 29); 2) infants with intraventricular hemorrhage – IVH group (n = 26) and 3) infants with no changes found on head ultrasound from the control group (Control; n = 21) are presented in Table 3.

Table 3. Characteristics of infants born prematurely enrolled in a group with respiratory distress syndrome (RDS), intraventricular hemorrhage (IVH), and in the control group of babies with normal ultrasound results (Control)

Parameters	RDS, N = 29				IVH, N = 26				Control, N = 21			
	M	SD	Min.	Max	M	SD	Min.	Max	M	SD	Min.	Max
Gestational birth age [weeks]	27.5	1.3	25	29.0	27.0	2.0	25.0	32.0	27.5	2.1	25.0	32.0
APGAR [score]	5	1	3	8	5	2	2	9	6.5	1.5	4	8
Mother's age [years]	29.2	5.2	21	39	31.4	5.6	25	44	32.9	5.4	24.0	43.0
Duration of hospitality [days]	27	10	19	62	31	15	19	66	24.6	17.3	9	58
Neonatal Medical Index NMI [score]	2.8	1.3	1.0	5.0	3.0	1.2	1.0	5.0	3.5	1.2	1.0	5.0
Birth weight, [grams]	1000	281	610	1850	920	240	560	1430	903	216	610	1400
Mode of delivery, caesarean section, n (%)	21 (73%)				17 (66%)				11 (51%)			

M – mean, SD – standard deviation, Min – minimum value, Max – maximum value,

The mean birth age in the study groups was similar at approximately 27 weeks postconception (in the RDS, IVH and Control group it was 27.5; 27.0 and 27.5 weeks, respectively). All three subgroups were also similar in terms of birth weight. Although the mean birth weight of all babies studied was 946 g, infants presented slightly lower mean weight values at birth in the control group (mean 903 g), and higher means were recorded in the RDS group (mean 1000 g). There were no statistically significant differences here (Table 4).

Similarly, the mean age of mothers at delivery was 31 years ± 5.5 years and was similar in all subjects (Table 3, Table 3). All study infants, due to preterm delivery, required clinical neonatal support immediately after birth. The longest period of support was required for infants diagnosed with IVH and the shortest for infants with normal head ultrasound results, that is, infants in the control group. Although significant individual differences were observed in the length of hospital stay of infants in the perinatal risk groups (27 and 31 days, respectively), the length of stay was not significantly different from the average stay of 24 days of infants in the control group (Table 3). However, it should be noted that there were no significant differences between the study groups in

terms of Apgar scores received, despite significant differences (resulting from the assumptions of the project) in the clinical status of the infants (Table 3). In the study population, up to 3/4 of all births were delivered by caesarean section. The highest number of such terminations was recorded in the RDS-loaded group and the lowest in the control group.

To sum up this part of the results, it can be stated that the population of the studied was homogeneous with respect to basic demographic and anthropometric characteristics, which made the results of intergroup comparisons performed in the field of posturographic characteristics more reliable.

Table 4. Kruskal-Wallis rank analyses of variance between the respiratory distress syndrome (RDS) group, the intraventricular hemorrhage (IVH) group and the control group of children with normal ultrasound results (Control)

Parameters	RDS, N = 29		IVH, N = 26		Control, N = 21		Statistical test p-value
	Me	Q1-Q3	Me	Q1-Q3	Me	Q1-Q3	
Gestational birth age [weeks]	28	27-29	27	25-28	28	26-29	0.1898
APGAR [score]	6	3-7	4	4-7	7	5-8	0.0524
Mother's age [years]	29	25-33	30	27-37	33	28-37	0.0974
Duration of hospitality [days]	24	21-28	22	21-41	18	10-41	0.0543
Neonatal Medical Index NMI [score]	3	2-4	4	2-4	3	3-5	0.2103
Birth weight, [grams]	970	850-1050	995	750-1050	860	765-1020	0.3449

Me – median, Q1-Q3 – lower and upper quartiles, p – value of statistical significance

Table 5. Mean values and standard deviations and range (min-max) of posturometric parameters in a group of infants with distress syndrome (RDS) and intraventricular hemorrhage (IVH) and a control group (Control)

Parameters	RDS, N = 29				IVH, N = 26				Control, N = 21			
	M	SD	Min.	Max	M	SD	Min.	Max	M	SD	Min.	Max
SPL [mm]	1796	791	648	3459	1774	532	835	2710	2567	545	1879	3747
MCoPx [mm]	5.2	3	2	12	4.4	2	0.4	8	7.4	2	4	11
MCoPy [mm]	5.2	2	1	10	5.1	2	0.7	9	7.5	3	3	13
ACoP [cm ²]	225	108	29	472	249	108	26	455	330	191	72	738

SPL – path length of CoP excursions; MCoPx – mean CoP excursions in the lateral direction, X-axis; MCoPy – Average CoP excursions in the anterior-posterior direction, Y axis; ACoP – area under the developed trajectory; M – mean; SD – standard deviation; Min – minimum value; Max – maximum value

Analyzing the values of the basic stability measures recorded in the individual subgroups, one can observe a clear tendency for higher values of all assessed posturometric parameters to be obtained by children unburdened by risk factors, i.e., from the control group (Table 5). In both groups of infants with perinatal risk (IVH and RDS), the values of all assessed parameters were higher than those presented by their peers in the control group (Table 5). Apart from the only case in which the area under the developed trajectory did not differ between the ultrasound-confirmed intraventricular hemorrhage group (IVH) and the control group (Figure 3 D), all other parameters were statistically significantly different between the control group and both groups of infants with perinatal risk (RDS and IVH) (Figure 2 A–C). Although it was observed that the posturometric parameters obtained by infants with intraventricular hemorrhage (IVH) were slightly lower than the corresponding parameters obtained by infants with respiratory failure, thus further diverging from the results of infants in the control group, no statistically significant differences were recorded here (Figure 2 A–D).

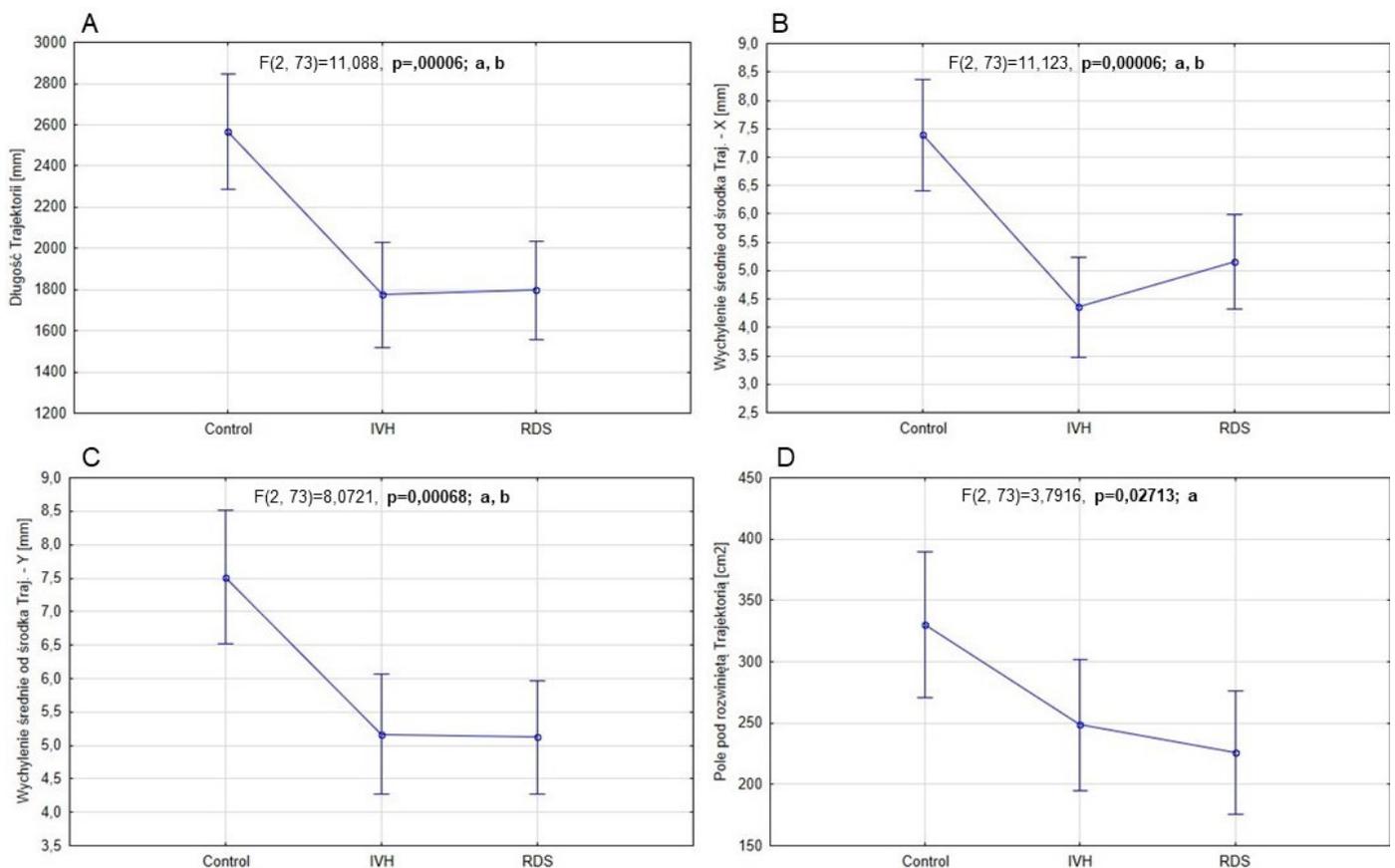


Figure 2. Comparison of posturometric parameters: A) trajectory length; B) mean excursion from the center of the trajectory – X; C) mean excursion from the centre of the trajectory – Y; D) area under developed trajectory, between the group of infants with respiratory distress syndrome (RDS), intraventricular hemorrhage (IVH), and control group (Control). Mean values and confidence interval (95%CI). One-way ANOVA. Bonferroni post-hoc analysis; a. difference between the control group and RDS; b. difference between the control group and IVH

Discussion

Postural control can be measured in several ways [15-28]. One method used to assess prospective postural control during movement is to quantify and describe the trajectory of displacement of the centre of pressure (CoP) of the body in the support plane [20]. The results presented above describing the displacement of the CoP projection on the support plane during the infant's maintenance of the supine position reflect in some way the infant's postural regulation abilities and create a series of temporal and spatial changes that can be analysed using posturometric measurements. The results of the posturometric measurements obtained in the present study confirmed the research hypothesis, assuming that the stability measures in children with a risk factor burden such as RDS or IVH are characterised by different values than in children without perinatal burdens. The most important finding of the presented study is that two basic posturometric parameters, such as the mean length of the CoP trajectory (SPL) and the area under the developed trajectory (ACoP), which testify to the frequency and amplitude of movements performed by the infant, as well as two other parameters (MCoPx, MCoPy) that testify to the range of CoP displacements in the lateral and anteroposterior directions, were statistically significantly higher among children in the control group. Although there were no significant differences between the subgroups of infants distinguished due to the risk factors involved, this does not change the fact that infants at risk of central developmental disorders (including CP) show different measures of stability while remaining in the supine position. It appears that the longer stride and the larger area of sway of CoP (SPL and ACoP, respectively) recorded among infants without perinatal risk are due to variability and variation in normal motor patterns and qualitatively better postural control strategies during supine lying. While abnormal, possibly stereotyped motor patterns and imperfect postural strategies in infants with IVH or RDS may represent early signs of central developmental disorders (including CP). Furthermore, significantly smaller CoP swings in both the anteroposterior (i.e., cephalo-caudal) and lateral directions that characterize children with severe risk factors also suggest the presence of less perfect postural response strategies to changes in body position and gravity compared to non-risk peers.

A review of the literature on the subject allows us to state that the study presented here is the first attempt to objectively assess the level of postural control in horizontal positions in a child during the first months of life. Hence, it is not possible to compare the results obtained with other studies. However, the present study is part of a wider research project related to the search for objective, measurable and comparable methods of assessing postural strategies presented by infants in horizontal positions, especially in the group of children born prematurely. However, the results presented here, as well as the other results included in our other studies (in review), seem to be very promising for the diagnosis of central developmental disorders in children born prematurely in their early development. Early and reliable identification of negative developmental tendencies, in turn, creates an opportunity for early physiotherapeutic intervention, which will allow for early modification of abnormal and introduction of optimal posture and movement patterns for the child's development. Despite this, the authors are aware of some limitations of this study. First, the presence of perinatal risk factors, even

those as serious as RDS or IVH, is not a sufficient criterion to distinguish infants at risk for central developmental disorders, including CP. Epidemiological data show that some infants with a perinatal history of stress do indeed have central disorders, but a significant proportion of them develop normally [29]. At the same time, the results of studies conducted by many authors have shown that up to half of the population of children with CP are children without risk in the perinatal history [30].

Therefore, in our other studies (in review) of the research project undertaken, other more reliable criteria were used for infant division. Summarizing the obtained results, it can be stated that posturometric measurement gives the possibility not only to register, but also to measure posturographic parameters characterising the level of postural control in infants in horizontal positions.

Conclusions

Although the results of the conducted studies do not authorise drawing definite conclusions as to the value of differentiating normal and impaired postural control in infants, it can be stated on the basis of them that:

1. The evaluation of measures of stability in the supine position represents an original proposal for assessing the postural control of an infant born prematurely in the first months of life.
2. Differences in stability measures between children born prematurely with the risk of central disturbances due to hypoxia (RDS) or intraventricular hemorrhage (IVH) and their peers without perinatal stress with normal head USG results may indicate the appearance of postural control development disorders in the former.
3. The results of the study should be continued in order to determine the repeatability of the obtained results and to standardise the parameters characterising stability in horizontal positions.

Adres do korespondencji / Corresponding author

Katarzyna Kniaziew-Gomoluch

e-mail: kkniaziew@sum.edu.pl

Piśmiennictwo/ References

1. WHO, <https://www.who.int/news-room/fact-sheets/detail/preterm-birth>, pobrano 10.01.2022.
2. Blencowe H., Cousens S., Oestergaard M.Z. i wsp., National, regional, and worldwide estimates of preterm birth rates in the year 2010 with time trends since 1990 for selected countries: a systematic analysis and implications. *Lancet* 2012; 379:2162–72.
3. Patra A., Huang H., Bauer J.A. i wsp., Neurological consequences of systemic inflammation in the premature neonate. *Neural. Regen. Res.* 2017, 12(6): 890-896.
4. Aylward G.P., Neurodevelopmental outcomes of infants born prematurely. *J. Dev. Behav. Pediatr.* 2005; 26:427–40.
5. Bracewell M., Marlow N., Patterns of motor disability in very preterm children. *Ment. Retard Dev. Disabil. Res. Rev.* 2002; 8:241–8.
6. Platt M.J., Outcomes in preterm infants. *Public Health.* 2014; 128 (5): 399-403.
7. Michael-Asalu A., Taylor G., Campbell H. i wsp., Cerebral Palsy: Diagnosis, Epidemiology, Genetics, and Clinical Update. *Adv. Pediatr.* 2019; 66: 189-208.

8. Xiong T, Gonzalez F, Mu DZ. An overview of risk factors for poor neurodevelopmental outcome associated with prematurity. *World J. Pediatr.* 2012; 8 (4): 293-300.
9. Sharma D., Golden 60 minutes of newborn's life: Part 1: Preterm neonate. *J. Matern. Fetal. Neonatal. Med.* 2017; 30 (22): 2716-2727.
10. Sardesai S., Biniwale M., Wertheimer F. i wsp., Evolution of surfactant therapy for respiratory distress syndrome: past, present, and future. *Pediatr. Res.* 2017; 81 (1-2): 240-248.
11. Priante E., Moschino L., Mardegan V. i wsp., Respiratory Outcome after Preterm Birth: A Long and Difficult Journey. *Am. J. Perinatol.* 2016;33(11):1040-2.
12. Christian E.A., Jin D.L., Attenello F. i wsp., Trends in hospitalization of preterm infants with intraventricular hemorrhage and hydrocephalus in the United States, 2000-2010. *J. Neurosurg. Pediatr.* 2016; 17 (3): 260-9.
13. Spittle A., Orton J., Anderson P.J. i wsp., Early developmental intervention programmes provided post hospital discharge to prevent motor and cognitive impairment in preterm infants. *Cochrane Database Syst. Rev.* 2015 (11): CD005495.
14. Snider L., Majnemer A., Mazer B., i wsp., Prediction of motor and functional outcomes in infants born preterm assessed at term. *Pediatric Physical Therapy.* 2009; 21: 2-11.
15. Kyvelidou A., Harbourne R.T., Shostrom V.K. i wsp., Reliability of center of pressure measures for assessing the development of sitting postural control in infants with or at risk of cerebral palsy. *Arch. Phys. Med. Rehabil.* 2010; 91 (10): 1593-601.
16. Feldman A.G., Functional Tuning of the Nervous System with Control of Movement or Maintenance of a Steady Posture: II Controllable Parameters of the Muscle. *Biophysics* 1966; 11:565-578.
17. Horak F.B., Postural orientation and equilibrium: what do we need to know about neural control of balance to prevent falls? *Age Ageing.* 2006; 35(suppl.2):ii7–ii11.
18. Shumway-Cook A., Woollacott M.H., Motor control theory and practical applications. Lippincott Williams and Wilkins, Baltimore 2001.
19. Franklin D.W., Burdet E., Tee K.P. i wsp., CNS learns stable, accurate, and efficient movements using a simple algorithm. *Journal of Neuroscience.* 2008; 28 (44): 11165–11173.
20. Dusing S.C., Kyvelidou A., Merce V.S. i wsp., Infants born preterm exhibit different patterns of center-of-pressure movement than infants born at full term, *Phys. Ther.* 2009; 89 (12): 1354–1362.
21. Dusing S.C., Izzo T.A., Thacker L.R. i wsp., Postural complexity differs between infant born full term and preterm during development of early behavior, *Early Hum. Dev.* 2014; 90: 149–156.
22. Dusing S.C., Harbourne R.T., Variability in postural control during infancy: implications for development, assessment, and intervention. *Phys. Ther.* 2010; 90(12):1838-49.
23. Szopa A., Domagalska M., Nowotny J., Rozkład sił nacisku mas ciała na podłoże u dzieci z zaburzeniami ruchowymi pochodzenia ośrodkowego jako wyraz zaburzeń rozwoju napięcia posturalnego. *Fizjoterapia Polska* 2007; 7:250–7.
24. Szopa A., Domagalska-Szopa M., Z badań nad kontrolą posturalną niemowląt [w:] *Fizjoterapia: diagnostyka i terapia w postępowaniu z osobami z różnymi potrzebami.* Plinta R., Kosińska M., Niebrój L., (Eds.) Media Silesia: Katowice, Eukrasia (2013) 17:119–29.
25. Pyzio M., Wójtowicz D., Skrzek A., Evaluation of body position dissymmetry in infants – comparison of clinical findings and podoscopic evaluation with PodoBaby infant evaluation unit. Ocena asymetrii niemowląt – zestawienie badania klinicznego z badaniem podoskopowym przy użyciu stanowiska do diagnozy niemowląt podo baby, *Fizjoterapia Polska* 2010; 10(2); 156-164.
26. Słomka K., Juras G., Sobota G. i wsp., The reliability of a rambling-trembling analysis of center of pressure measures. *Gait & Posture.* 2013; 37:210–13.
27. Błaszczyk J.W., Cieślinska-Świder J., Plewa M. i wsp., Effects of excessive body weight on postural stability, *Journal of Biomechanics.* 2009; 42: 1295–1300.
28. Maekawa K., Soeda A., Yokoi S. i wsp., Pedoscope studies on neo-natal activity and center of gravity after delivery, *Brain Dev.* 1986; 8(1); 37–46.
29. Lagercrantz H., Hanson M., Evrard P., Rodeck C., The newborn brain: neuroscience and clinical applications, second ed., Cambridge University Press, NY, 2010.
30. Amiel-Tison C., Neurologia perinatalna. Wyd. Urban & Partner, Wrocław, 2008